

THE Epworth Villager

WINTER 2015



UPCOMING EVENTS

EPWORTH VILLAGE

November 2015

- Wed. Nov. 11 Veteran's Day Ceremony
- Wed. Nov. 18 The International Singers
- Tue. Nov. 24 Thanksgiving Dinner

December 2015

- Wed. Dec. 2 Christmas Piano Concert
- Fri. Dec. 4 Tree Lighting Ceremony
- Tue. Dec. 8 MDC Musical presentation
- Sat. Dec. 12 & 19 Christmas Cantata
- Fri. Dec. 18 Christmas Dinner
- Thu. Dec. 31 New Year's Eve Party

January 2016

- Fri. Jan. 29 Monthly Birthday Party

February 2016

- Fri. Feb. 12 Valentine's Party
- Fri. Feb. 19 Rasham Magic Show
- Fri. Feb. 26 Monthly Birthday Party

SUSANNA WESLEY

November 2015

- Wed. Nov 4 Lunch in the City at Siboney Restaurant
- Wed. Nov 25 Harvest Fest with live entertainment

December 2015

- Wed. Dec 2 Christmas Tree Trimming Party
- Fri. Dec 11 Christmas Special with the children
- Tue. Dec 22 Noche Buena Luncheon with the families
- Thur. Dec 31 New Year's Eve Party with live entertainment

January 2016

- Fri. Jan 8th Dominoes Tournament
- Wed. Jan 20 Field Trip to Pembroke Pines Mall
- Sat. Jan 23 Karaoke

February 2016

- Wed. Feb 10 Ash Wednesday Service
- Fri. Feb 12 Valentine's Day Party
- Fri. Feb 19 Raushan Hammond Music and Magic Show



A HISTORY OF CARING

Greetings from the Epworth Village Retirement Community! While this is our first newsletter, Epworth Village's mission to serve the elderly is well established. Our mission and historic association with the United Methodist Church began almost 70 years ago when local church members asked what they could do to assist the community's elderly. The answer was the Biscayne Home for Women, opened in 1948. Located in downtown Miami, it accommodated 12 women and was originally owned and operated by White Temple Methodist Church, now Miami First United Methodist Church. Member, Emma Quinn, donated her home to the mission and was its first resident. In 1954, the Home began accepting men.

Three years later, in 1957, as the wait list for senior housing continued to grow, C.W. Kistler, of Coral Gables First Methodist Church and owner of the Beverly Terrace Hotel, offered his hotel to house the retirement home. After lots of prayer, a deal was made, and the hotel became Biscayne Manor. Located on Biscayne Boulevard and 32nd Street, it was home to 127 women and men.

Epworth Village Is Born.

By 1978, faced with an aging facility, increased requests for admission and the need for a skilled nursing home, the Methodists again decided to relocate and expand their mission. Charles Babcock, of Coral Gables United Methodist Church, graciously donated some ten acres of land and construction plans for what is today the Epworth Village Retirement Community.

Epworth Village is a gated community of shaded, winding paths and flower-filled gardens. It offers 290 apartments for independent and assisted living in five, three-story patio buildings. Also on campus is the Susanna Wesley Health Center, a 120-bed skilled nursing facility. The McCray Life Enrichment Center, built with a generous volunteer's gift, houses a beautiful dining room, chapel, library, beauty shop, exercise room, gift shop, meeting rooms and sitting areas. The community is named after the village where the founders of Methodism, John Wesley, and his brother, Charles, were born. The Susanna Wesley Health Center is named for their mother.

We hope you enjoy this first edition of our quarterly newsletter, The Epworth Villager. We look forward to sharing the good news of retirement living – family style.

Madelyn Simon Lozano, executive director of the Epworth Village Foundation

RETIREMENT LIVING. FAMILY STYLE.

At Epworth Village we are proud to offer our independent and assisted living residents a wonderful and diverse range of activities. For example, there are daily exercise classes specifically designed for seniors. On Tuesday and Thursday mornings, you can enjoy knitting in Nery's class. To use your imagination, there is nothing more creative than our art class where you can create a distinctive art piece with the guidance of our teachers, Cathy and Ceal. We also offer games to challenge your brain, and everyone's favorite Bingo! To de-stress and simply have a blast, Laughter Yoga is perfect.

If your taste is of the more sophisticated variety, you must come to our monthly High Tea. You will socialize while enjoying traditional English tea, finger sandwiches and elegant cookies on china tableware. Ladies are invited to wear wide-brimmed hats. Do you like Happy Hours? Ours are the best! Or would you like a boost from our authentic Cuban coffee? Come and join us for the Latin Café, where you can dance to the rhythm of salsa music and enjoy the best "pastelitos y tostada cubana". We also celebrate your birthday with a big party in our fellowship hall, where everyone is invited to dinner and a show. From Mexican mariachis to Russian folk dancers, the entertainment is sure to please.

There is always something to do.

We enjoy going out and about too! We visit many different places, including theaters, restaurants, shopping or

outings to parks like the Fairchild Tropical Gardens. We also show movies on the big screen, just like at the cinema, with soda and popcorn. If you are into music shows, then Music under the Stars is for you.

Religious services are regularly available as well. Devotions in our chapel are held daily. Catholic mass is held on Fridays, and other ecumenical services are also offered. Sunday services are held weekly by our on-site chaplain, Rev. Jose Fernandez.

The Holidays Are Coming!

The most wonderful time of the year is upon us, and we have a full slate of celebrations planned. Thanksgiving dinner is always a big, joyous family event here at Epworth. Our Christmas season gets started with a beautiful Tree Lighting in the main square, which features carol singing led by area youth. Various schools, churches and community volunteers provide holiday singing and shows throughout the season. You cannot miss the Christmas dinner, a beautiful event for residents and family which is followed by the staff's always entertaining seasonal production. Epworth residents love to dance and party, and our New Year's Eve blast promises to be quite an occasion.

These are just some of the extraordinary activities you have in the palm of your hand when you live at Epworth Village.

Alejandra Ferrazza

Epworth Village Activities Director



SUSANNA WESLEY HEALTH CENTER. WELCOME ABOARD!

Susanna Wesley Health Center is not your typical nursing facility/rehabilitation center. We offer a full itinerary of wonderful activities to enjoy. From morning Coffee Time, to the many games, current event discussions and arts and crafts classes available, there are many opportunities to meet and interact with others. Try your singing talent in our karaoke afternoon activity with staff, who like to show off their own angelic voices.

Those who are unable to take part in these activities can enjoy room service, individualized activities such as chats with staff, visits from our in-house pastor and conversations with our volunteer visitors. There are also pet visits by the Center's adorable Chihuahua, Bentley, who just loves to cuddle. Our colorful birds will charm you with their songs. If you enjoy reading, there are all sorts of materials available on our traveling book cart, including books on tape. Plus there is a variety of music offered for listening in your room.



Relax and Enjoy Yourself.

If you want to pamper yourself, schedule an on-site manicure or hair styling appointment. We also offer off-site excursions, such as trips to the mall or area restaurants. There are also parties in our beautiful Rancho Luna Room with a variety of entertainers.

Let's not forget the delicious treats, like empanadas, tacos, salads, cheese steak sandwiches and yummy desserts. We even offer cooking classes where you get to eat your creations afterwards. Of course, we also accommodate those on special diets.

All these activities and more are available during a stay at Susanna Wesley Health Center. Our priority is to meet all of our residents' needs: mental, physical and social. We invite you to join us! Contact us at 305-556-3500. Ask for Lourdes or Martha.

Lourdes Delfin

Susanna Wesley Health Center Activities Director



Our goal at Susanna Wesley is to make a difference in every life we touch by providing only the highest quality care and service, meeting the needs of our residents, families, physicians, and employees with compassion, dignity and love.



For information call
305.556.3500 • www.epworthvillagerc.com
5300 West 16 Avenue, Hialeah, FL 33012



Follow Your Heart to  **Epworth Village**
RETIREMENT COMMUNITY

RETIREMENT LIVING. FAMILY STYLE

Wisit Epworth Village and you'll find spacious rental apartment homes – in an active, vibrant community. We offer independent living, a variety of services and amenities to simplify and enrich your life. With on-site continuing care, skilled Nursing and Rehabilitation Center. But it's really our warm, "Home Style" environment and overall emphasis on wellness that creates a senior living lifestyle proven to nurture your mind, body and soul.

For more information and pricing, please call
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